

TEAM BUILDING *retreats*



INNSBROOK

RECONNECT AND **SPARK** *new ideas.*
BUILD YOUR *team's camaraderie.*
START THINKING *outside* THE *cubicle.*



Whether you're looking for a high-intensity strategy meeting or brainstorming about how to infuse energy into your employees, Innsbrook offers a focused, peaceful, inspirational atmosphere for your meetings.

Located in the heart of the Midwest, we're only 45 minutes west of Lambert-St. Louis International Airport, so conferees can spend more time meeting and less time traveling. Our conference rooms are designed to provide comfortable, productive settings to help you complete your objectives.

More than 7,500 acres of rolling hills and 100 lakes combine to create a unique atmosphere that promotes team building like no downtown venue could offer. Take advantage of our charming natural setting by coordinating all or part of your meeting outdoors, whether it's on the patio or the grassy hill overlooking the lake, your team will collaborate like they couldn't do at a conference table ... *and that's just the beginning.*



TEAM BUILDING *the office can't offer*



Innsbrook provides productive and stimulating team building opportunities the office environment can't offer. We are focused on your group reaching its conference goals, but we know that recreation time is essential for conferees. Building camaraderie and promoting teamwork breaks down the barriers that can build up in an office setting.

There's nothing quite like the feeling of being away from the office at Innsbrook's natural playground. Are you and your coworkers stuck in a rut? Break the slump with a rousing game of whiffle ball that will help build relationships and break down walls between peers. Is cooperation a challenge? End the day with a wine tasting around the bonfire, where you can nurture relationships between teammates.

Inspire ideas with a fall hayride through nature's wonders or a reception in a field of towering oaks. Innsbrook's tranquil setting will block out distractions and allow for dialogue.

At Innsbrook, we're committed to helping your company break out of the routine by providing a scenic, relaxing setting, where the everyday stresses and worries of the office can be put on the back burner.



ADVENTURES *in teamwork*



Innsbrook isn't all business ... there are plenty of fun things to do, too. Building camaraderie improves communication, boosts morale and motivation, and improves productivity by helping employees learn about each other's strengths and goals.

Meeting groups that share recreational time are more likely to continue building their working relationships back at the office. Good communication and a positive work environment breed success. At Innsbrook, we offer a variety of amenities for your group, including:

- 18-hole championship golf course
- Sand volleyball courts
- Tennis courts
- 150-acre Lake Aspen
- Outdoor swimming pool
- Boat rental
- Fishing
- Hiking/nature trails
- Bicycle rental
- Horseback riding
- Fitness Center
- Dining on delicacies from our Executive Chef



REFRESH, RELAX & *refuel*



OVERNIGHT ACCOMMODATIONS

Our resort accommodations make overnight and multi-day conferences a retreat from the hectic business world.

Our condominiums are located on the shores of 150-acre Lake Aspen. Each is uniquely decorated and equipped with a living and dining area, full kitchen with microwave, coffeemaker and supplies, fireplace, outdoor deck, cable television, wireless internet access and complimentary parking.

DINING AT INNSBROOK

Innsbrook offers first-class catering with the service of our own Executive Chef. Whether you want a five-course gourmet meal or a theme dinner, our staff is ready to serve. No matter the location—lakeside, on the patio, in our Foxfire Lounge—our experienced kitchen and wait staff are well-versed in serving parties in unique venues. We also have a full service restaurant and bar on property.

Theme dinners are one of our specialties. Our barbecue buffet with a hayride is one of our most popular theme dinner options. Your group can gather at the Innsbrook Stables for a traditional all-American barbecue, then load up the wagon for a horse-drawn hayride. As evening approaches, a bonfire is the perfect place to converge for camaraderie and toasted marshmallows!



OUR CUSTOMERS *say it best*

“Every single member of the [Innsbrook] team that cared for us was kind, courteous and attentive. It was great to be away from our day to day in such a pretty place.”

Catherine H. Abrams, Chief Operating Officer
St. Mary’s Health Center, Jefferson City

“There were so many things we loved... the early check in helped with our schedule and changing the audio visual was seamless. I would recommend this place to everyone.”

Allan D. Ivie IV, President & CEO
Reliance Bank, St. Louis

“Exceptional customer service and willingness to go above and beyond from the staff.”

Shaunna Shaw, Campaign Coordinator
Leukemia & Lymphoma Society/St. Louis

explore online

WWW.INNSBROOK-RESORT.COM/MEETINGS

FOR MORE INFORMATION

To find out more about meetings at Innsbrook, call us at (636)928-3366 ext. 803 or email us at meetings@innsbrook-resort.com.

INNSBROOK

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CONNECT WITH US

