



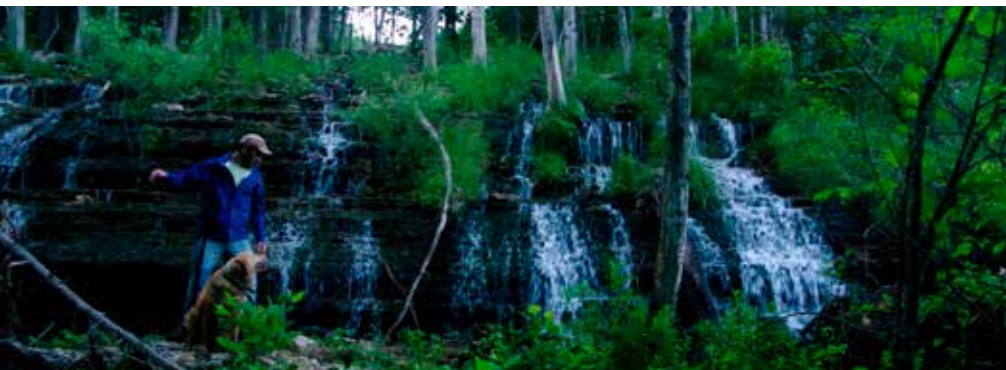
POCKET GUIDE



WHILE YOU'RE HIKING

For your safety, please watch for loose rocks, tree roots, and other obstacles along the trails. Please park in designated parking areas only. Stay on the marked trail; do not take shortcuts. The trail has been laid out to minimize destruction of surrounding vegetation and to prevent erosion. Carry out what you carry in. If the trail users before you have not done this, you can help by removing their trash, too. We ask you to leave only footprints and take only pictures. *Nature is for everyone to enjoy, so let your followers experience the beauty.*





SCENIC HIKING TRAILS

Each of Innsbrook's seven beautiful and unique nature trails will please both the Sunday stroller and the avid hiker.

Aspen Spur Trail 1/2mi+

This fairly straight trail looks upon the Aspen Spillway and meadow, providing wonderful views of waterfalls, grasslands and wildlife.

Meadows Trail 1mi+

This trail is wonderful for exploring the diverse flora and fauna of Innsbrook. Bring your camera; the path boasts plenty of wildlife, colorful wildflowers and beautiful scenery.

Grendel Trail 1mi+

This moss-covered trail traverses around scenic 6.5-acre Lake Grendel.

Sonnenblick Trail 1/2mi+

This trail meanders through the forest in the extreme southeast corner of the Innsbrook property.

Wynnbrook Trail 1mi+

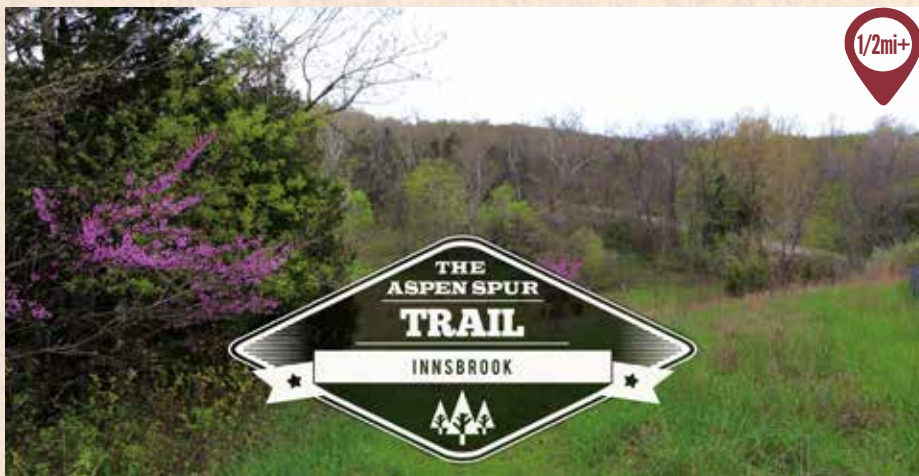
This trail, offers a bit more of a challenge for recreational hikers. Lake Wynnbrook is great for discovering the many wildflowers, trees, birds and wildlife of our community.

Lake Konstanz Trail 1mi+

This trail circles around beautiful Lake Konstanz, offering expansive views of both Alpine Lake and Lake Konstanz.

Tyrolean Trail 3mi+

Innsbrook's Tyrolean Trail provides different scenic attractions and levels of challenge.



The Aspen Spur Hiking Trail, located west of Lake Aspen and east of Harmony Bridge, looks upon the Aspen Spillway and meadow. The path is fairly straight spanning from Aspen Dam to Harmony Bridge. There is no turnaround on this section of the trail, but the views are wonderful. You can see the waterfalls caused by the spillover of the lake and the grassy land below. *Look for wildlife in the spillway, as it is one of the favorite hideouts for heron and other birds.* In addition to birds and wildlife, many types of wildflowers and plants grow in this section.

Hike time on this trail is approximately 15 minutes. You can extend your hike by walking along the main road across Harmony Bridge and connect to The Meadows Hiking Trail.

HOW TO GET THERE

From the Real Estate Sales Office, travel south on Aspen Way Drive, then south on West Aspen Circle Drive. The parking area is just across the bridge on the dam. The trail head is on the north side of the bridge. In addition to this trail map, *we suggest you bring along a color Innsbrook development map (available at the Front Gate, Real Estate or Aspen Center Front Desk).*

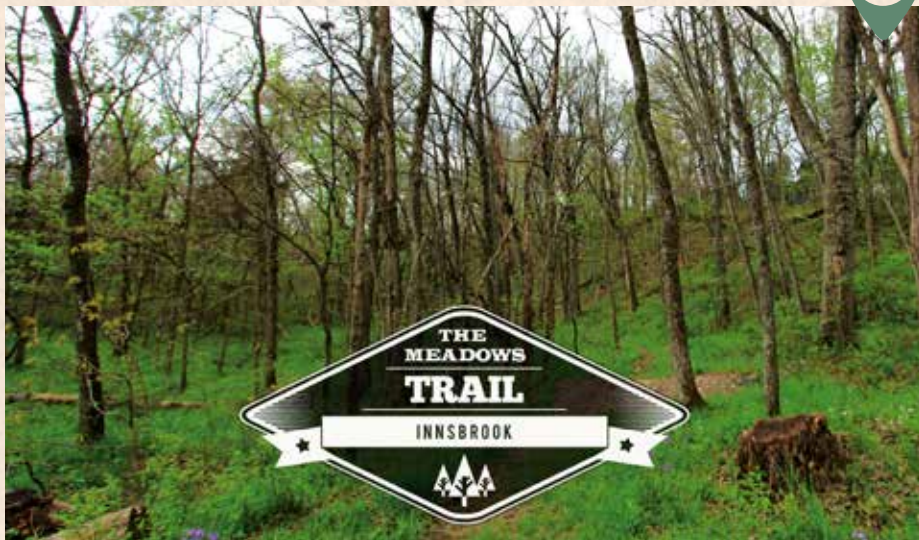




LEGEND

- | | | | |
|--------------------|------|-------------------------|----------------|
| Trail (0.59 miles) | Lake | Woodland | Parking |
| Stream | Road | Lots (Private Property) | Harmony Bridge |





The Meadows Hiking Trail, located just west of Harmony Bridge, *is a wonderful trail for exploring the diverse flora and fauna of Innsbrook*. Hike time is approximately one hour. This trail follows Charrette Creek, winding in and around The Meadows offering diverse views. Bring your camera because the path boasts plenty of wildlife, colorful wildflowers and beautiful scenery. The pathway loops around to The Meadows Park where it is necessary to walk on the main road in order to return to the parking lot.

HOW TO GET THERE

The Meadows Hiking Trail is located near Harmony Bridge. Just west of the bridge, you will see The Meadows Hiking Trail parking area to the south. This is also the trail head. In addition to this trail map, *we suggest you bring along a color Innsbrook development map (available at the Front Gate, Real Estate or Aspen Center Front Desk).*





TRAIL MAP



LEGEND

— Trail (1.51 miles)

● Lakes

P Parking

— Primary Road

■ Lots (Private Property)

— Harmony Bridge

— Secondary Road

— Stream



NATURE -AT- INNSBROOK

WILDFLOWERS

Look for these common wildflowers along our trails.



BLACK-EYED SUSAN

Blooms: May - October
near bluffs and forest openings.



INDIAN PAINTBRUSH

Blooms: April - July,
often in wet soil along streams.



BLOODROOT

Blooms: March - April
on rich slopes of woods
and near streams.



MAYAPPLE

Blooms: March - May
in dry, open woods.



GOLDENROD

Blooms: June - December
in openings in the woods
and other sunny places.



VIRGINIA BLUEBELLS

Blooms: March - June,
often in large groups.

BUTTERFLIES

Keep an eye on some of these beautiful butterflies as they flutter by.



BLACK SWALLOWTAIL

Black Swallowtails can be found in open habitats, including grasslands and old fields. Their flight is fast and dashing, a few feet above the ground. Adults fly from April through late fall.



GREAT SPANGLED FRITILLARY

This butterfly is common and easily recognized. It can be spotted in prairies, fields, open woodland edges and wet meadows. Adults fly from mid-May through early October.



COMMON CHECKERED-SKIPPER

This species prefers areas with low vegetation and some bare soil. They sometimes gather in large numbers on lake shores and at mud puddles. Adults fly from March into November.



MONARCH

Monarchs can be found in fields, grasslands and roadsides. Famous for their annual migration to overwinter in Mexico, you may see monarchs at Innsbrook from about May to mid-October.

BIRDS

Spot some of these birds nestled in trees or flying high above while you're hiking.



AMERICAN GOLDFINCH

It's hard to miss these bright yellow flyers with their delightful "per-chick-o-ree" and "sueweet" calls.



OWL

You might spot a barred owl silently watching your movements with its sharp eyes from a high perch.



BLUE JAY

Described as "sassy" and sometimes aggressive, blue jays' screaming and mobbing behaviors serve to protect many bird species against hawks, owls, cats and other predators.



PILEATED WOODPECKER

You'll most likely hear them before you see them, clack-clack-clacking away on a tree, looking for insects and sap to feast on under the bark.



CARDINAL

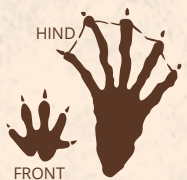
Even though they're not exactly uncommon in our area, cardinals are one of the most exciting birds to glimpse in the woods.



TURKEY

Turkey sightings are very common in these parts as they forage through grasslands and leaves on the forest floor.

ANIMAL TRACKS



BEAVER

front: 3.25-3.5 inches
hind: 2.5 inches



RED FOX

front: 2.25 x 2.21 inches
hind: 2 x 1.75 inches



RABBIT

front: 1 x 1 inches
hind: 3.5 x 1.75 inches



WOODCHUCK

front: 2 inches
hind: 2.25 inches



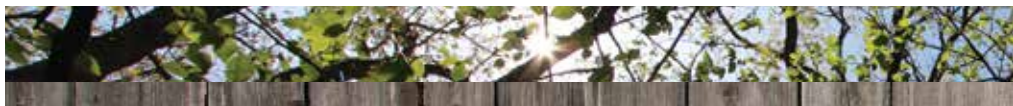
RACCOON

front: 2.25 inches
hind: 3.2 inches



WHITE-TAILED DEER

front: 3 inches
hind: 2.5 inches



Moss-covered paths pave the way for much of the Grendel Hiking Trail that traverses around scenic 6.5-acre Lake Grendel. The few hills on this trail are short, but steep, so gear up at the bottom and power through to the top. Watch for blue jays along parts of the trail where there are pine trees, which is where these large songbirds prefer to nest.

You'll also spot many shade-loving ferns growing from the forest floor and young trees reaching for spots where the sun shines through the forest canopy. You'll likely hear the persistent squawks of turkey buzzards before you spot their shadows flying through the trees. Look up to see them circling near the halfway point of the trail.

HOW TO GET THERE

The Grendel Trail is the westernmost trail in our system. From the Alpine Tunnel, head south on Alpine Lake Drive and follow that road around the lake until you reach Grendel Drive. Head northwest on that road and follow it until it ends. You'll find gravel parking and the trailhead to the west of the parking lot (towards Schuetzenground Road). In addition to this trail map, *we suggest you bring along a color Innsbrook development map (available at the Front Gate, Real Estate or Aspen Center Front Desk).*





LEGEND

- Trail (1.46 miles)
- Primary Road
- Lots (Private Property)
- Parking
- Lakes
- Secondary Road
- Woodland



1/2mi+



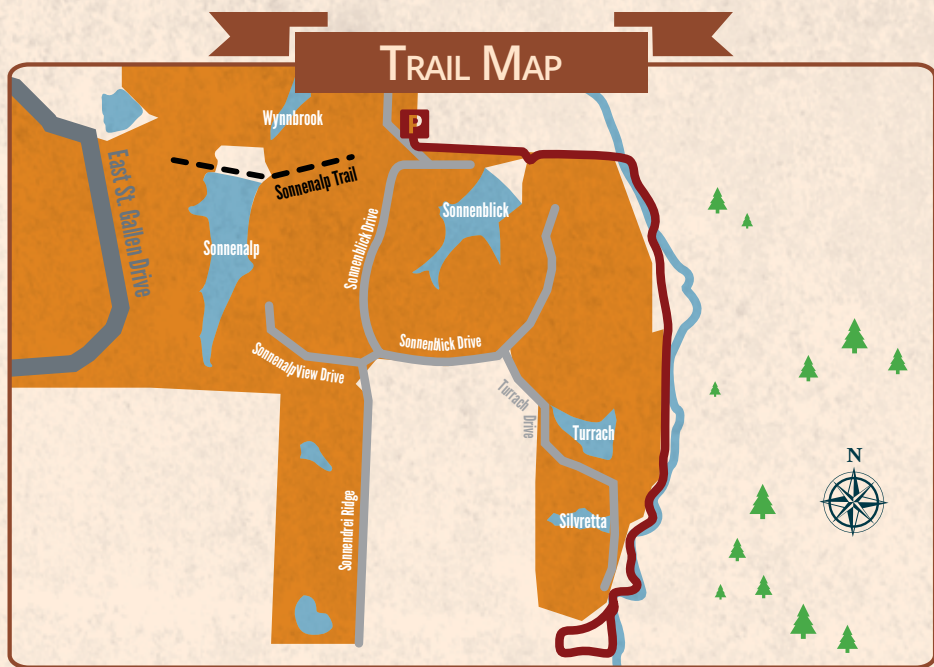
The Sonnenblick Hiking Trail meanders through the forest in the extreme south-east corner of the Innsbrook property. See how many different bird calls you can identify as their songs float through the woods around you. In early spring, colorful blooming dogwood and redbud trees are at the forefront. Also, look for colonies of mayapple in the open woods! As you hike, you may wonder why we don't haul away trees that have fallen to the ground. Fallen or dead trees remain on the Innsbrook forest floor, as long as they are not blocking a hiking path, because they make ideal habitats for many species including birds, bats, squirrels and raccoons.

Please stay on the trail. Remember, plants grow by the inch and die by the foot. Take only pictures and leave only footprints.

HOW TO GET THERE

The Sonnenblick Trail is located in the southeast corner of Innsbrook. From the Aspen Center, turn south on East Aspen Circle Drive and follow it to Lake Wynnbrook Drive. Turn east on Lake Wynnbrook Drive and wind your way down near lot 1715, just before the road meets Sonnenblick Drive. There is a small gravel parking area off the road to the left. The trailhead is located nearby and appears as an opening in the woods. In addition to this trail map, *we suggest you bring along a color Innsbrook development map (available at the Front Gate, Real Estate or Aspen Center Front Desk).*





LEGEND

- Trail (0.93 miles)
- Primary Road
- Lakes
- Woodland
- Stream
- Secondary Road
- Lots (Private Property)
- Parking





The Wynnbrook Hiking Trail, located southeast of Lake Aspen, circles around Lake Wynnbrook. It is a pleasant trail for discovering the many wildflowers, trees, birds and wildlife of our community.

The Wynnbrook Hiking Trail traverses varied terrain and is best suited for those recreational hikers looking for a bit of a challenge.

HOW TO GET THERE

In addition to this trail map, *we suggest you bring along a color Innsbrook development map (available at the Front Gate, Real Estate or Aspen Center Front Desk)* in order to find your way to the trail head. The Wynnbrook Hiking Trail is located southeast of Lake Aspen. From the Aspen Center, follow East Aspen Circle Drive around Lake Aspen to the trail head parking, located near the intersection of East Aspen Circle Drive and East St. Gallen Drive. Enjoy your hike!





LEGEND

- Trail (1.2 miles)
- Primary Road
- Lakes
- Prairie
- Stream
- Secondary Road
- Lots (Private Property)
- P Parking





Lake Konstanz Hiking Trail, located northwest of Alpine Lake and west of Stracks Church Road, circles around beautiful Lake Konstanz. It is an enjoyable trail with expansive views of both lakes, Alpine and Konstanz.

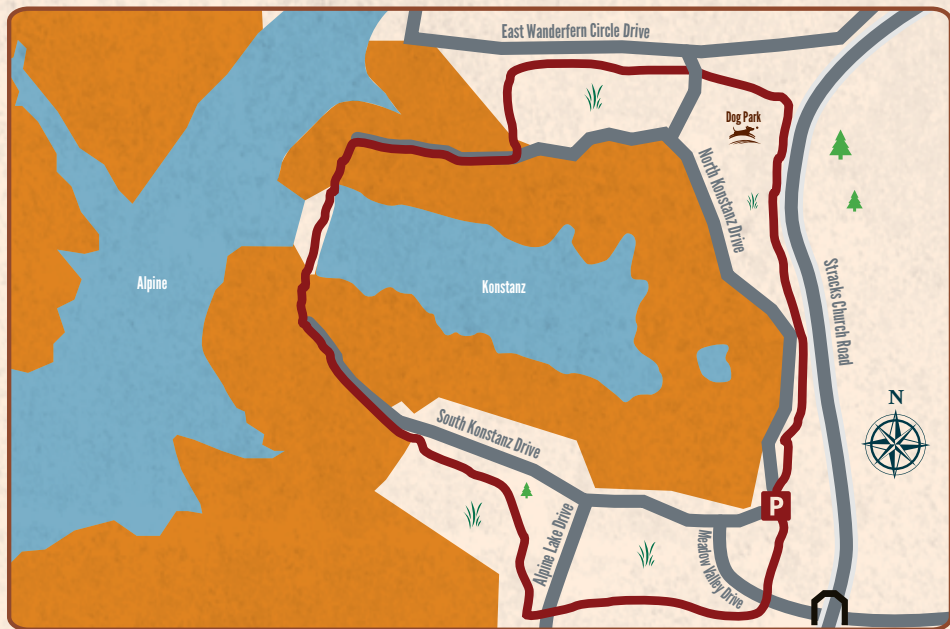
For portions of the Lake Konstanz Trail, you will have to travel off the dirt path and follow the road.

HOW TO GET THERE

Lake Konstanz Hiking Trail is located in the western part of the development, just east of Alpine Lake. From the Real Estate Office, travel south on Aspen Way Drive, then west on Meadow Valley Drive. When you approach the Konstanz three-way intersection, go right on North Konstanz Drive. Parking for the nature trail will be on the east side of the road, across from Lot 2223. This is also the trail head. In addition to this trail map, *we suggest you bring along a color Innsbrook development map (available at the Front Gate, Real Estate or Aspen Center Front Desk).*



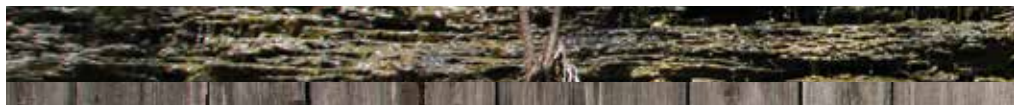
TRAIL MAP



LEGEND

- Trail (1.79 miles)
- Lake
- Woodland
- Parking
- Road
- Lots (Private Property)
- Prairie
- Alpine Tunnel





3mi+



Innsbrook's Tyrolean Hiking Trail is a great combination of the property's various terrains. You'll experience shady forest canopy with wet, green undergrowth and the rustle of frogs hopping through the flora, as well as open prairieland speckled with purple, white and yellow wildflowers as butterflies dance through the air around you.

Hikers will traverse up and down the Alpine Valley near our contemporary cottages, as well as pass by the more than century-old historic log cabin and scenic waterfalls.

WATERFALLS SECTION | DISTANCE: 1.10 MI

This challenging 1.10 mile trek includes rocky terrain as well as steep climbs and descents. It offers great scenery including a creek, Alpine Lake, a view of Alpine Valley and several waterfalls in wet weather.

HOW TO GET THERE

The Tyrolean Trail is located south of Alpine Lake. Travel west on Meadow Valley Drive and turn south on Alpine Lake Drive. Just before crossing the dam, there is a sign denoting the Historic Log Cabin and a gravel road that goes south into the valley. Turn on the gravel road and make your first right at the bottom of the hill to get to parking and the trailhead. In addition to this trail map, *we suggest you bring along a color Innsbrook development map (available at the Front Gate, Real Estate or Aspen Center Front Desk).*





TRAIL MAP



LEGEND

- Trail (1.97 miles)
- Primary Road
- Woodland
- Lake
- Bridge
- Waterfalls Section
- Secondary Road
- Trailhead
- Parking
- Fire Ring
- Creek



TRAIL NOTES

Use this section to jot down descriptions of the trail, animals you encounter and flowers you spot.

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For more information about Innsbrook's nature trails, contact us at (636)928-3366 ext. 9180 or email information@innsbrook-resort.com


Innsbrook

WWW.INNSBROOK-RESORT.COM/RECREATION